



## Standard Days Method® with CycleBeads®: Who can use this method?

View video scenes at [www.tinyurl.com/toolkitvideos](http://www.tinyurl.com/toolkitvideos)

**Purpose of video:** This video helps family planning providers sharpen their ability to successfully offer the Standard Days Method® with CycleBeads®. It demonstrates how to counsel on CycleBeads®, focusing on how to screen patients to make sure the method will work for them.

**Audience:** Any health care provider, health educator, or medical assistant who provides family planning services and/or counseling to patients.

**Language:** English. The video also contains a bonus clip of a health educator explaining how to use CycleBeads® in Spanish.

### Scenes:

- **Screening and counseling a new CycleBeads® user: Danielle**

Scene: **8 minutes**  
Expert commentary: **6 minutes**  
Total time: **14 minutes**



Danielle

- **Screening a client who wants CycleBeads® but partner cooperation is an issue: Laura**

Scene: **5 minutes**  
Expert commentary: **3 minutes**  
Total time: **8 minutes**



Laura

- **Screening and counseling a recent hormonal method user: Alicia**

Initial visit: **5 minutes**  
Expert commentary on initial visit: **5 minutes**  
Return visit: **3 minutes**  
Expert commentary on return visit: **2 minutes**  
Total time: **15 minutes**



Alicia

- **BONUS CLIP En Español: Como Usar El Collar del Ciclo®**

Time: **2½ minutes**

Total running time: **40 minutes**

### For more information on the Standard Days Method® and CycleBeads®:

- [www.CycleBeadsToolkit.com](http://www.CycleBeadsToolkit.com) - Resources and guidance for health care providers and family planning program managers for integrating CycleBeads® into family planning services.
- [www.CycleBeads.com](http://www.CycleBeads.com) - How and where to purchase CycleBeads®, and resources for clients including smart phone and online applications (iCycleBeads™).
- [www.irh.org](http://www.irh.org) - Standard Days Method® and CycleBeads® research and program experience around the world.

**Credits:** Produced and directed by Marsha Gelt, Cardea Services. Filmed and edited by Barry Scheinberg. Written by Katherine Lavoie Cain, Marsha Gelt, and Kimberly Aumack Yee. Funded by a grant from the Office of Population Affairs to the Institute for Reproductive Health, No. 5 FPRPA00636. © 2012 IRH/GU