Roving Auxiliary Nurse-Midwives

RANMs are here to help keep you and your family healthy.

What can RANMS do?

- Provide information on when you are fertile and when you are not
- Provide family planning counseling and methods (condoms, LAM, oral pills, Depo Provera, and CycleBeads)
- Provide pregnancy counseling, postnatal care and newborn care
- Help you connect with other services at health facilities

How RANMs work in your community

- Conduct home visits to provide family planning, pregnancy and postnatal and newborn care and invite in-laws in conversations.
- Work with community leaders and influential people to encourage male involvement and family planning, and to provide maternal and newborn services, postnatal and newborn care and invite in-laws in conversations.
- Work with your friends and other community members to expand postnatal care and acceptance for family planning