







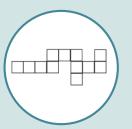
## **Understanding Migration in Nepal**

- Nepal has a long history of migration
- 7.2% (1.92 million) of Nepalis migrate out of the country for work
- Rates vary by ethnic group
  - i.e.; 50% of Hill Dalits & 46%
    of Muslim households
- 32% of married women have husbands living outside of Nepal

## Comparisons

- Sub-analysis of prospective, quasiexperimental evaluation of Pragati intervention
- We compared the responses of left wives with those of other married women
- Ages: 15 25 years old
- Topics (including)
  - Fertility awareness,
  - Autonomy in decision-making,
  - Couple communication,
  - Family planning use.

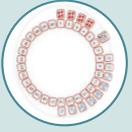
## Pragati Games (3 of 9)



Hopscot ch



Side Effect Puzzle



Menstrual Cycle Game

## Results

- Increased knowledge of fertility
- Increased spousal communication
- Increased community acceptance of FP use and couple communication
- Increased intention to use FP was associated with:
  - Pragati communities, spousal communication, & perceived community acceptance of FP
  - Left wives were half as likely to intend to use FP compared to other married women

