

REPRODUCING, CONTESTING, TRANSFORMING GENDER NORMS OVER THE ADOLESCENT LIFE COURSE IN NORTHERN UGANDA

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POLICY & PRACTICE RECOMMENDATIONS

8. **Mobilize communities** to create enabling environments.
7. **Address structural issues** such as girls' education and access to resources.
6. **Empower youth to advocate for themselves**, and strengthen their ability to seek help and resist paths imposed upon them.
5. **Strengthen social networks** and intervene to mobilize economic and social support at key turning points.
4. **Harness socialization processes** to form and transform gender norms and roles.
3. **Encourage youth to reflect critically** on inequitable gender norms and roles.
2. **Strengthen internal assets**: increase knowledge, self-efficacy and provide basic resources.
1. **Start early** and include ongoing life-course tailored interventions.

