REPRODUCING, CONTESTING, TRANSFORMING GENDER NORMS OVER THE ADOLESCENT LIFE COURSE IN NORTHERN UGANDA

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POLICY & PRACTICE RECOMMENDATIONS

1. Start early and include ongoing life-course tailored interventions.
2. Strengthen internal assets: increase knowledge, self-efficacy and provide basic resources.
3. Encourage youth to reflect critically on inequitable gender norms and roles.
4. Harness socialization processes to form and transform gender norms and roles.
5. Strengthen social networks and intervene to mobilize economic and social support at key turning points.
6. Empower youth to advocate for themselves, and strengthen their ability to seek help and resist paths imposed upon them.
7. Address structural issues such as girls’ education and access to resources.
8. Mobilize communities to create enabling environments.

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